



INSURANCE COVERAGE

MindSet Solutions and Wellness Center, LLC accepts private pay and insurance panels including Blue Cross Blue Shield, Cigna, Aetna and United Healthcare. If using insurance, your session rate is contingent upon your specific insurance benefits and the contract that MindSet Solutions and Wellness Center, LLC with your insurance company. Our billing and claims assistant will verify your coverage. **You may wish to check with your insurance carrier prior to scheduling an initial appointment regarding your behavioral/mental health benefits.**

YOU MUST INFORM US IF YOU HAVE A SECONDARY INSURANCE PLAN.

If your insurance denies your claim due to coverage with a secondary insurance plan you will be required to cover the full session fee.

2. YOU MUST INFORM US IF YOUR INSURANCE TERMINATES OR CHANGES.

If you attend an appointment during a period following termination or change in insurance coverage and your claim is denied you are responsible for the full appointment fee.

FEES:

1. In-network with Blue Cross Blue Shield, Cigna, Aetna and United

Healthcare: Your rate is dependent upon your insurance coverage and benefits. We will verify your coverage and inform you of your copay/coinsurance. You may wish to check with your insurance carrier prior to scheduling an initial appointment regarding your behavioral/mental health benefits.

2. Appointments for an initial evaluation will be billed at \$175 per session and will typically last for 60 minutes. For more complicated issues, additional time may be required. This is billed at \$40 per 15-minute increments. Fees for follow-up appointments, which include judicious treatment with psychiatric medications, if indicated will be billed at \$150 and will typically last for up to 30 minutes. If additional time is needed, the billing will be at \$40 per 15-minute increment.

I do not fill medication requests over phone and recommend that you schedule an appointment instead.